

# Kidney Support Group

Meetings are held on  
the 3<sup>rd</sup> Thursday of each  
month at 4:00 pm

## ***A Meeting for Dialysis and Transplant Patients, Family and Friends***

Programs throughout the year provide information on kidney care, kidney transplant, medications, healthy eating, coping with chronic kidney disease diagnosis, financial issues and resources, healthy lifestyle, community support services, peer support, and socialization after transplant.

### **MEETING LOCATION**

***Transplant Conference Room,  
1325 Pennsylvania, Suite 450  
And virtually on TEAMS***

Scan to Join  
TEAMS Meeting



FORT WORTH, TEXAS, 76104

You may park in the Harris Professional Center Parking Garage located on Pruitt Street off 6th Avenue. Bring your parking ticket with you for validation.

For more information, call: 817-250-2443 or 1-800-411-2443, or email [sandrasoria@texashealth.org](mailto:sandrasoria@texashealth.org)

### **2026 DATES & TOPICS**

January 15, 2026

***Kate Huffhines, APRN, FNP-c  
Transplant Surgery***

February 19, 2026

***Craig Adkins  
What is HLA Tissue Typing?***

March 19, 2026

***Hazel Thomas, MDiv, BCC  
Resilience As We Live***

April 16, 2026

***Kate Lacouture  
Help Hope Live***

May 21, 2026

***Post Transplant Panel***

June 18, 2026

***Nicolle Samuelson, Pharmacist  
Know Your Meds***

July 16, 2026

***Dr. Patrick Keehan  
Skin Health Awareness***

August 20, 2026

***Julia Nash, RN  
When You Get the Call***

September 17, 2026

***Lynn Palmer, Physical Therapist  
Mobility, Balance, Safety***

October 15, 2026

***Deborah Sauls, Financial Coordinator  
Choosing Your Insurance Plan***

November 19, 2026

***Post Transplant Patient Panel***

December 17, 2026

***Yan Yang, MD  
Life After Transplant***